



FLO Newsletter

Welcome to Mrs Wright's Monthly Newsletter, a chance to share advice, support and tips linked to adult and child wellbeing.



Spotlight on a Service Help Your Child Thrive

Help Your Child Thrive is run by Una Archer, an Educational Psychologist who runs workshops and information sessions aimed at parents and carers.

"My work with parents is about figuring out how we can navigate the challenges and what steps will help to nurture your connection and reduce tension at home."

On Wednesday 12th February, Una is running a FREE online workshop:

"Creating Emotional Safety for Children Struggling with Anxiety"

Please talk to Mrs Wright for further information.



Emotional Wellbeing Team

We are delighted, and privileged, to be working with the West Kent Emotional Wellbeing Team; a service that works with young people and parents and carers to support and improve their mental health. They work with children within school but also offer parent workshops.

There are upcoming sessions coming up on anxiety, ASD, sleep, resilience and behaviour. Please talk to Mrs Wright for more information.



Attendance

Thank you for your ongoing support with your child's attendance.

It is important that we work together to ensure children are in school, learning and thriving. The class with the best attendance in January was Chestnut with 97.5%.

Well done Chestnut!

Happiness



Nurture UK

One of our school priorities is to enhance our whole school nurture provision through the Nurture UK accreditation process.

A document detailing 'The Six Principles of Nurture' has been sent home and hard copies are available for you to read. Please have a look at them and see what we are doing at school.

Progress

Success