



# FLO Newsletter

Welcome to Mrs Wright's Monthly Newsletter, a chance to share advice, support and tips linked to adult and child wellbeing.



## Spotlight on a Service

### Babons Cancer Support

Babons Cancer Support is a charity that exists to come alongside the cancer community of Tonbridge whether you are the patient, carer, family member, colleague or friend.

They can offer counselling, support groups, drop in emotional support and sign post to other services. Please see

<https://www.babons.org.uk/>



## Emotional Wellbeing Team

We are delighted to be working with the West Kent Emotional Wellbeing Team, a service that works with young people and parents and carers to support and improve their mental health. They work with children within school but also offer parent workshops and advice on a range of topics.

The next workshop is about supporting your child's fears and worries. This is online on a Tuesday morning. Please talk to Mrs Wright for more details



## Attendance

Thank you for your ongoing support with your child's attendance. It is important that we work together to ensure children are in school, learning and thriving.

The class with the best attendance for November was Maple with 97.5%.

Well done Maple!



## Nurture UK

One of our School Priorities is to enhance our whole school nurture provision through the Nurture UK accreditation process.

Nurture UK are an organisation dedicated to improving the social, emotional, mental health and wellbeing of children and young people. More information will follow on Nurture UK in Term 3.

Happiness

Progress

Success