



# FLO Newsletter

Welcome to Mrs Wright's Monthly Newsletter, a chance to share advice, support and tips linked to adult and child wellbeing.



## Spotlight on a Service HomeStart West Kent

HomeStart needs volunteers!

HomeStart are looking for parents/grandparents to join their team of home visiting volunteers, helping families with young children to have fun again!

HomeStart provide free training, monthly volunteer meet ups and ongoing support and training.

If you're interested, please call Sarah on 07395775836 or email

[contact@home-startswk.org.uk](mailto:contact@home-startswk.org.uk).



## Supporting your Child's Anxiety

Kent Adult Education will be running a FREE 2 hour course called "Supporting your Child's Anxiety" which will focus on increasing your understanding of anxiety in children, discussing your experiences of anxiety and learning new ways to help your child manage their anxiety.

**Date:** Tuesday 24th September

**Time:** 9.30-11.30 (Hot Drinks and Biscuits from 9am)

Food items will be available and every family will be entitled to a free bag of food.

Please contact Mrs Wright for more information



## Attendance

Thank you for your ongoing support with your child's attendance. It is important that we work together to ensure children are in school, learning and thriving.

Attendance is a particular focus point for us and we have updated information that can be found in your

'Back to School Information' booklet.



## Parent Counselling Services

We are very fortunate to have Jenny Maydon, a trained counsellor with over 12 years experience, working with some of our parents. Jenny provides a safe and nurturing space to talk.

If you would be interested in free counselling with Jenny, please do talk to Mrs Wright or email her on [flo@hadlow.kent.sch.uk](mailto:flo@hadlow.kent.sch.uk)

Happiness

Progress

Success