

	Monday- NC	Tuesday- NC	Wednesday- SR	Thursday- SR	Friday- SR
8:45-9:05	<u>Soft Start</u> Handwriting – topic words Wellbeing and Zones of Regulation	<u>Soft Start</u> Handwriting – topic words Wellbeing and Zones of Regulation activities	<u>Soft Start</u> Handwriting – topic words Wellbeing and Zones of Regulation activities	<u>Soft Start</u> Handwriting – topic words Wellbeing and Zones of Regulation activities	<u>Soft Start</u> Handwashing/ Reminders Wellbeing and Zones of Regulation activities Handwriting/colouring
9.05-9.15	Yoga/ Daily Mile	Yoga/ Daily Mile	Yoga/ Daily Mile	Yoga/ Daily Mile	Yoga/ Daily Mile
9.15-9.30	Whole School Assembly	Zones of Regulation	Singing Assembly	PSHE	Achievement Assembly
9.30-10.30	Maths	Maths	Maths	Maths	Maths
10.30-10.45	Morning Break 10.30-10.45				
10.45-11.05	Spelling	Spelling	Spelling	Spelling	Spelling Test
11.15-12.05	English	English	English	English	English- GPS/ Poetry
12.05-12.55	Lunchtime –12.05-12.20 (eating) 12.20-12.55 (playing)				
		Alt weeks PE time		SR PPA from 1pm	
12.55-1.15	Relaxation/ Mindfulness	Relaxation/ Mindfulness	Relaxation/ Mindfulness	Changed for PE	Relaxation/ Mindfulness
1.15-2.00	Phonics Shared Reading	Phonics Shared Reading	Phonics Shared Reading	1.15-2.15 – PE with PS	Phonics Shared Reading
2-3	Class PE	Computing	Geography	2.15-3.00 - Phonics Shared Reading	Art/ DT
3-3.20	Story Time				
3.20	Home Time				