

Physical Education Clothing Policy

PE - children

All children to wear appropriate clothing;

Indoor PE - Shorts-tracksuit bottoms- black/blue
T-shirt – white or house colour
Bare feet – Plimsolls-trainers

Outdoor PE – Shorts-Tracksuit bottoms-black/blue
T-shirt- white or house colour
Trainers (Preferred)
Plimsolls
Appropriate Trousers and tops for
Winter
Sun hats permitted during the
Summer months

- Long hair must be tied up.
- Jewellery must not be worn. Those children with newly pierced ears should apply tape their own tape over ear studs before the start of the school day. Taping over ear studs may offer a measure of protection in some physical-activity situations; where individuals are required to work within their own personal space. If the ear studs cannot be removed and have not been taped, staff need to take action to try and make the situation safe. If the situation cannot be made safe, the individual pupil concerned should not actively take part, **BUT**, should have alternative PE based tasks set. They should not miss PE completely. (Adapted from AFPE 14.2.2)

- Medic Alerts must not be removed. Children must wear a sweatband to cover it.
- It will be suggested that girls in KS2 may wear a white vest top under their PE t-shirt.

You are responsible for the safety of the children. It is your discretion if you deem a child safe and appropriately dressed for PE. If you are unhappy that any child is not following the guidelines as stated above, they should **NOT** participate in the activity.

Swimming – Children

- No jewellery should be worn in the pool. If children cannot remove their earrings, they are **not** allowed to go swimming.
- All children must wear a swimming hat.
- Feet should be regularly checked. If necessary, children should wear a protective sock.
- Good standard goggles may be worn in the pool.

- Full swimsuits and slim fitting trunks must be worn. No bikinis or 'baggy' Bermuda style shorts allowed.

Adult clothing policy

- All jewellery must be removed. Staff must remove all items during any physical education lesson and swimming sessions.
- Members of staff who do not wish to remove an engagement or wedding ring, **should** cover them with micro pore tape.
- Long hair must be tied up
- Appropriate clothes and footwear must be worn. No small vest tops in the summer months.

Minimum clothing requirement:

Clothing – Suitable leisure trousers and tops should be worn so the individual can move freely and safely. (Hadlow PE top to be worn if you have been issued with one)

All staff have been issued with a Hadlow fleece. Please wear this or similar jumper during colder periods.

Footwear - Staff should wear trainers or plimsolls. Flip flops are permitted poolside.

On occasions such as sports day, all staff should be in full PE kit.